

Pangalan: \_\_\_\_\_

## Health

Lagyan ng tsek ✓ ang masustansiyang pagkain at ekis X ang di-masustansiyang pagkain.

- \_\_\_\_\_ 1. mais
- \_\_\_\_\_ 2. ampalaya
- \_\_\_\_\_ 3. French fries
- \_\_\_\_\_ 4. cake
- \_\_\_\_\_ 5. gatas
- \_\_\_\_\_ 6. sitsirya
- \_\_\_\_\_ 7. manok
- \_\_\_\_\_ 8. hotdog
- \_\_\_\_\_ 9. lollipop
- \_\_\_\_\_ 10. kamote

Pangalan: \_\_\_\_\_

## Health

Lagyan ng tsek ✓ ang masustansiyang pagkain at ekis X ang di-masustansiyang pagkain.

- \_\_\_\_\_ 1. kamatis
- \_\_\_\_\_ 2. kendi
- \_\_\_\_\_ 3. softdrinks
- \_\_\_\_\_ 4. itlog
- \_\_\_\_\_ 5. mansanas
- \_\_\_\_\_ 6. isda
- \_\_\_\_\_ 7. popcorn
- \_\_\_\_\_ 8. tsokolate
- \_\_\_\_\_ 9. kalabasa
- \_\_\_\_\_ 10. sorbetes