

Jake's Daily Routine

My name is Jake. I wake up early in the morning. I take a shower, wear my uniform, eat breakfast, brush my teeth and go to school.



Miss Oli

Sarah's Daily Routine

I am Sarah. When I wake up in the morning, I do stretching exercises. It makes me awake and it keeps me healthy and strong.



Miss Oli

Mom's Daily Routine

I am Elizabeth. I am a mom. I have three kids. They go to school daily. I cook breakfast early in the morning. I prepare their lunch boxes.



Miss Oli

Jenny's Daily Routine

My name is Jenny. I am an office worker. I work from 8 am to 5 pm. I take the train to work. I receive a lot of calls from clients every day.



Miss Oli

Mark's Daily Routine

Hi! I am Mark. I love sports. I am a basketball player. I practice every day. I do warm up exercises, dribbling and shooting drills.



Miss Oli

Sharon's Daily Routine

My name is Sharon. I am 60 years old. In the morning, I go to my garden. I water the plants and enjoy the beauty of the flowers.



Miss Oli