

Name: \_\_\_\_\_

*Ms. Eli*

## Healthy Habits

**Directions:** Put a check mark ✓ if the sentence shows proper care for the body and **X** if it does not.

\_\_\_\_\_ 1. Mila always keeps her nails clean.

\_\_\_\_\_ 2. John loves eating junk foods.

\_\_\_\_\_ 3. Martin sleeps early at night.

\_\_\_\_\_ 4. Jim likes to eat fruits and vegetables.

\_\_\_\_\_ 5. Karen loves to play computer games.

\_\_\_\_\_ 6. Linda eats without washing her hands.

\_\_\_\_\_ 7. Ricky sleeps with clean clothes on.

\_\_\_\_\_ 8. Tyler walks and runs around without shoes or slippers.